

Runner	Leg	Distance	Leg Duration	Leg Pace	Total Duration
Theo	1	6.05	0:40:15	0:06:39	0:40:15
Ryan	2	5.60	0:42:35	0:07:36	1:22:50
Jamie	3	3.95	0:29:26	0:07:27	1:52:16
Felicia	4	6.95	1:01:13	0:08:48	2:53:29
Tom	5	6.10	0:47:24	0:07:46	3:40:53
Greg	6	7.40	0:58:19	0:07:53	4:39:12
Nick	7	5.65	0:42:55	0:07:36	5:22:07
Sally	8	4.30	0:46:57	0:10:55	6:09:04
Michael	9	7.30	0:52:35	0:07:12	7:01:39
Ester	10	6.20	1:10:10	0:11:19	8:11:49
Kristen	11	4.20	0:52:24	0:12:29	9:04:13
Darren	12	5.90	0:48:13	0:08:10	9:52:26
Theo	13	4.10	0:31:03	0:07:34	10:23:29
Ryan	14	6.05	0:56:24	0:09:19	11:19:53
Jamie	15	7.40	1:01:27	0:08:18	12:21:20
Felicia	16	3.30	0:30:40	0:09:18	12:52:00
Tom	17	5.70	0:41:10	0:07:13	13:33:10
Greg	18	4.20	0:35:20	0:08:25	14:08:30
Nick	19	5.70	0:47:24	0:08:19	14:55:54
Michael	20	5.95	0:47:12	0:07:56	15:43:06
Sally	21	5.00	1:03:04	0:12:37	16:46:10
Ester	22	6.80	1:14:01	0:10:53	18:00:11
Kristen	23	4.10	0:47:19	0:11:32	18:47:30
Darren	24	4.90	0:35:44	0:07:18	19:23:14
Theo	25*	3.75	1:26:36	0:23:06	20:49:50
Ryan	26	5.75	0:49:57	0:08:41	21:39:47
Jamie	27	5.90	0:49:19	0:08:22	22:29:06
Felicia	28	4.20	0:36:24	0:08:40	23:05:30
Tom	29	6.00	0:46:35	0:07:46	23:52:05
Greg	30	5.30	0:42:10	0:07:57	24:34:15
Nick	31	4.10	0:27:55	0:06:49	25:02:10
Michael	32	7.10	0:53:18	0:07:30	25:55:28
Sally	33	4.90	1:00:23	0:12:19	26:55:51
Ester	34	4.15	0:51:04	0:12:18	27:46:55
Kristen	35	7.40	1:32:12	0:12:28	29:19:07
Darren	36^	5.80	0:39:57	0:06:53	29:59:04

* Theo's actual start time was at 20:12:15 for a running duration of 37:35 and a pace of 10:01. The exchange delay was 49:01.

^ This pace is unlikely and the result of a discrepancy between the team stopwatch (finish time unknown) and official race time. Without the exchange delay the total time would have been 29:10:03.

Sweat Equity - Team 1922

780th out of 1032 teams
196th out of 231 Men's Open teams
9:08 average pace

Without the exchange delay:
662nd out of 1032 teams
173rd out of 231 Men's Open teams
8:53 average pace

29:59 official duration
29:10 running duration
31:25 projected duration
197.15 total miles

Overall totals

Runner	Total Distance	Average Pace	HtC Difficulty Rating
Theo	13.90	0:08:05	10
Ryan	17.40	0:08:32	3
Jamie	17.25	0:08:02	6
Felicia	14.45	0:08:55	11
Tom	17.80	0:07:35	2
Greg	16.90	0:08:05	4
Nick	15.45	0:07:34	7
Michael	20.35	0:07:33	1
Sally	14.20	0:11:57	12
Ester	17.15	0:11:30	5
Kristen	15.70	0:12:10	9
Darren	16.60	0:07:27	8

Note: Due to miscalculations and unanticipated traffic issues the exchange between legs 24 and 25 was delayed. We were one of a dozen teams that experienced this problem during the same time period at that particular exchange point.

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