

Sweat Equity

Hood to Coast 2007

Team 848

Leg	Runner	Distance	Difficulty	Pace	Time	Total Time
1	Esther	5.76	VH	0:09:43	0:55:58	0:55:58
2	Michelle	5.67	H	0:07:53	0:44:40	1:40:38
3	Sally	3.93	E	0:09:55	0:38:59	2:19:37
4	Kristen	7.18	M	0:13:53	1:39:39	3:59:16
5	Jeff	6.08	VH	0:10:30	1:03:51	5:03:07
6	Ashley	7.42	H	0:11:33	1:25:43	6:28:50
7	Jamie	5.65	H	0:08:18	0:46:53	7:15:43
8	Andrea	4.55	E	0:08:19	0:37:52	7:53:35
9	Michael	6.89	M	0:07:13	0:49:41	8:43:16
10	Nick	6.72	M	0:06:48	0:45:42	9:28:58
11	Dan	4.39	E	0:09:03	0:39:45	10:08:43
12	Darren	6.00	M	0:07:38	0:45:50	10:54:33
13	Esther	3.85	E	0:12:26	0:47:53	11:42:26
14	Michelle	6.31	M	0:08:21	0:52:39	12:35:05
15	Sally	7.25	H	0:12:18	1:29:12	14:04:17
16	Kristen	3.52	E	0:13:08	0:46:14	14:50:31
17	Jeff	5.69	E	0:09:44	0:55:25	15:45:56
18	Ashley	4.15	H	0:11:51	0:49:09	16:35:05
19	Jamie	5.89	VH	0:08:51	0:52:05	17:27:10
20	Andrea	5.75	VH	0:10:10	0:58:28	18:25:38
21	Michael	5.00	M	0:07:05	0:35:27	19:01:05
22	Nick	6.81	H	0:07:32	0:51:21	19:52:26
23	Dan	4.18	E	0:08:56	0:37:19	20:29:45
24	Darren	4.92	E	0:07:44	0:38:05	21:07:50
25	Esther	3.75	E	0:12:12	0:45:44	21:53:34
26	Michelle	5.77	H	0:09:13	0:53:11	22:46:45
27	Sally	5.98	M	0:12:45	1:16:16	24:03:01
28	Kristen	4.04	E	0:15:39	1:03:12	25:06:13
29	Jeff	6.14	VH	0:09:56	1:00:58	26:07:11
30	Ashley	5.35	M	0:11:13	0:59:59	27:07:10
31	Jamie	4.00	M	0:08:03	0:32:10	27:39:20
32	Andrea	4.09	M	0:08:39	0:35:22	28:14:42
33	Michael	7.72	H	0:07:08	0:55:08	29:09:50
34	Nick	4.10	M	0:07:34	0:31:00	29:40:50
35	Dan	7.28	H	0:09:05	1:06:10	30:47:00
36	Darren	5.23	M	0:07:48	0:40:48	31:27:48
Total		197.01		Ave. 0:09:40		

Runner	Total Distance	Ave. Pace	Difficulty Rating
Esther	13.36	0:11:27	12
Michelle	17.75	0:08:29	3
Sally	17.16	0:11:40	6
Kristen	14.74	0:14:13	11
Jeff	17.91	0:10:03	2
Ashley	16.92	0:11:32	5
Jamie	15.54	0:08:24	7
Andrea	14.39	0:09:03	10
Michael	19.61	0:07:09	1
Nick	17.63	0:07:18	4
Dan	15.85	0:09:01	8
Darren	16.15	0:07:44	9

MORTGAGE
TRUST, INC.